



Revision Tips

Don't forget your exercise books should always be the first place you look when revising.

What to revise?

Get a copy of your syllabus / topics. Ask your teachers if you haven't been given one! Don't waste time learning stuff you don't need to know! Create a module mat similar to the one below with a 😊 and a ☹ before you start revising so you don't waste time revising what you already know well!



Edexcel B: SHP Unit 1A - Paper 1 (5 Questions - 1hr 15mins): Medicine & Public Health

Name:	Class:	Teacher:	Exam Date:	Comments
Greek background				
Greek: Four Humours				
Hippocrates				Logic and observation
Supernatural & Logical				Greeks began challenging supernatural
50AD - 1350				
Cause of disease				
The Roman Empire				New ideas, cures, treatments, influences and money
Military hospitals				
Gladiators				New injuries
Galen				
Theory of the Opposites				Compared to Greek Four Humours
Public health				Sanitation - Aqueducts, Sewers, Water supplies etc...

DO's...

- Plan your revision (Use the blank timetable also on our website) and stick to it!
- Have lots of breaks in between sessions
- Mix up your revision - Reading, watching clips, playing etc...
- Teach people at home!
- Diagrams as well as notes will help - particularly with "thought showers"
- Revise with a friend
- Work through past exam papers
- Use the internet - especially YouTube
- ASK your teachers for help!
- Eat & drink regularly

DON'T's...

- Work longer than 40 minutes per session
- JUST read books / notes
- Cram the night before (especially important for GCSE's)
- Let revision get boring
- Forget your discipline, when you've spent 40 minutes, STOP!
- Wait until you're close to the date - revision should start as soon as possible, no later than 2-3 weeks before exam date!
- Revise too late at night!
- Keep your mobile phone with you!
- Forget your FUN time!

If your teachers are offering revision classes (keep checking the website or your classrooms), note the times and make sure you go!





Post it Notes – Stick these all over the house, your bedroom and the fridge – WHEREVER you will see them frequently! You will learn by osmosis (naturally take it in).

Flash cards – On one side of the card write the question, on the other write the answer! Leave these by the kettle or the phone and every now and then have a little quiz.

Make a rap, song up to your favourite tunes changing the words to your subjects.



Where to revise?

Try to find somewhere where you won't be disturbed. If you can work with music on, this can help you relax. It can also drown out noises around you. De-clutter your desk, just have what you need! Have plenty of scrap paper handy.

If you're using the web to revise, make sure you know what you want to improve on *before* you start and do not get distracted by anything else!

- Facebook / Twitter can be useful – See if your subject has a Twitter or Facebook page to ask questions and get replies as well as answer your friends questions too
History – www.facebook.com/stchistory | <http://www.stchistory.com> | @StCHistory
- <http://www.yourhomework.co.uk/revision-tips-category.html> - Great revision advice

When to revise?

When you have had your dinner and have no more distractions is useful, as well as before you go home when you're in "school mode" – there are plenty of empty classrooms or teachers staying behind too!



Make sure you have FUN time!
Football training, Basketball, Hockey, Horse riding, walking the dog etc...