



Exam Technique



Make sure you know when your exams are in plenty of time, check 3 days before, then confirm the night before. Have your timetable somewhere very visible at home!

Take with you: (Unless prohibited)

Pen, Pencil, Rubber, Ruler,
Calculator, Dictionary.

Water (no labels), Clear pencil
case, wrist watch

What to drop off:

Bags, notes, phones, books etc...

Basically anything that is not <<<

Day / Night Before:

- Plenty of rest and sleep
- Eat sensibly - fruit, fish, drink lots of water - NO SNACKING
- KS4/5 - Reconfirm times and arrive in plenty of time
- Check you have EVERYTHING you need and pack
 - DON'T take books to bed with you



JUST before the exam (30-10 Mins):



- Turn off your phone
- Visit the toilet!
- Have a banana
- Find your row / seat location in the hall
- Make sure you have no notes / doodles on your hands
- Enter the room silently!
- Empty your pockets
- DEEP breaths

In the exam:

- Hands up for ANY problem / issue (STAY SILENT)
 - Breathe!
- Read instructions on exam paper thoroughly
- Do NOT communicate with any other student in ANY way
- READ the question! Understand it before you start writing!
 - DON'T lose focus of THE ACTUAL QUESTION!
- Remember techniques you've learnt in class (2 sided, describe etc)
 - If you are left with blanks, have a go, NOTHING to lose!
- Write carefully; make sure the examiner can read your work!



Positive Mental Attitude! If you fail to prepare, prepare to fail!